



**IBU JUNIOR  
OPEN EUROPEAN  
CHAMPIONSHIPS  
BIATHLON**



**SJUSJØEN  
NORWAY**

**4. - 10. MARCH 2019**

# **SJUSJØEN**

**IBU JUNIOR CUP BIATHLON**

**OFFICIAL INVITATION**



**NORWEGIAN  
BIATHLON  
ASSOCIATION**



## **A. GENERAL INFORMATION**

### **A.1 VENUE SJUSJØEN**

Sjusjøen is a Norwegian ski destination located 140 km from Oslo Airport Gardermoen. Sjusjøen is located 720 meters above sea level the courses vary between 710 meters and 740 meters above sea level.

### **A.2 ADDRESS OF ORGANIZING COMMITTEE (OC)**

Sjusjøen Skisenter Natrudstilen  
2612 Sjusjøen, Norway

Phone: + 47 400 38 442  
Email: [booking@ibucup.no](mailto:booking@ibucup.no)  
Website: [www.ibucup.no](http://www.ibucup.no)

### **A.3 EXECUTIVE POSITIONS OF THE OC**

#### **CHAIRMAN**

Mathias Neraasen  
Phone: +47 915 65 055  
Email: [mathias@ringsaker-almenning.no](mailto:mathias@ringsaker-almenning.no)

#### **CHIEF OF COMPETITION**

Jens Schjerven  
Phone: +47 932 62 923  
Email: [jens.schjerven@gmail.com](mailto:jens.schjerven@gmail.com)

#### **CHIEF OF ACCREDITATION**

Kjersti Småstuen  
Phone: +47 414 18 627  
Email: [kjersti.smastuen@gmail.com](mailto:kjersti.smastuen@gmail.com)

#### **CHIEF OF LOGISTICS & ACCOMMODATION**

Caroline Johansen  
Phone: + 47 400 38 442  
Email: [booking@ibucup.no](mailto:booking@ibucup.no)

#### **NF NOR CONSULTANT**

Vegar Rolfsrud  
Phone: +47 976 936 62  
Email: [vegar.rolfsrud@skiskyting.no](mailto:vegar.rolfsrud@skiskyting.no)

### **A.4 COMPETITION COMMITTEE**

Chief of Competition	Jens Schjerven (IR)
Competition Secretary	Sidsel Moholdt (IR)
Chief of Course	Johannes Haukåssveen (IR)
Chief of Stadium	Svein Erik Syljusåsen (IR)
Chief of Timing	Vigdis Thingelstad (IR)
Chief of Shooting Range	Frode Hagen (IR)



### **A.5 LOGISTICS COMMITTEE**

Chief of Logistics, Transportation & Accommodation Caroline Johansen  
Chief of Accreditation Kjersti Småstuen  
Chief of Media Erik Haugen

### **A.6 REPORT AFTER ARRIVAL**

Before occupying the accommodation, the teams must report to the Accommodation Office by the stadium.

Keys to the wax cabins are handed out at the Competition Office with a deposit of 50€.

#### **Competition office opening hours:**

Monday: 09.00 – 16.00  
Tuesday to Sunday: 08.00 – 18.00

### **A.7 ACCREDITATION**

The accreditation office is located at the stadium building.  
PLARAS is the responsible accreditation company.  
Chief of Accreditation: Kjersti Småstuen

#### **Opening hours:**

Tuesday: 08.00 – 19.00  
Wednesday: 08.00 – 18.00  
Thursday: 08.00 – 16.00  
Friday: 08.00 – 16.00  
Saturday: 08.00 – 13.00

### **A.8 LIABILITY / INSURANCE**

The organizers are not liable for any injuries to person or material damage.  
National Federations must provide insurance for their athletes. With the registration by name the National Federations confirms that all persons entered have the required insurance.



### **A.9 PROVISIONS GOVERNING THE IMPORT AND EXPORT OF RIFLES AND AMMUNITION, AND OF RADIO EQUIPMENT**

All athletes and officials belonging to a member federation of the European Union, who carry a rifle, must be able to present a European firearms certificate. All athletes and officials of a member federation that is not a member of the European Union have to fill out a customs application and present it to the custom authorities in Norway, wherever they enter Norwegian Territory.

**Appendix A: Information letter**

**Appendix B: Radio Equipment:** Please return by e-mail to: [firmapost@nkom.no](mailto:firmapost@nkom.no)

**Appendix C: Declaration of firearms:**

Import of rifle, ammunition, and radio equipment to Norway are free of charge.

### **A.10 VISA REGULATIONS**

A Shengen-visa is also valid in Norway.

All nations who need a visa for Norway must follow the Norwegian regulations. Visas are given both to the athletes involved in the competitions and to their coaches and technical staff whose presence is connected with the event itself.

The application for the visa must include an accurate list of names, date of birth, roles (athlete, team staff) and passport numbers, and must be sent by the national association to the Organizing Committee Sjusjøen. A copy of this application with no name changes must be sent to the Norwegian Embassy in your home country or to the closest Norwegian Embassy.

Those from Ukraine who do not have a biometric passport must apply in the normal way.

**Deadline for visa invitation request: 15<sup>st</sup> of January 2019**

**Deadline for visa application: 10<sup>th</sup> of January 2019**

**Following nations require a visa:**

ARM, BLR, CHN, IND, KAZ, KGZ, MDA, MGL, RUS, TPE, UKR, UZB

See all needed information at the webpage of the Embassy.

Appendix D: Visa invitation request form

Appendix E: List of Embassies



## **B. LOGISTICS**

### **B.1 TRANSPORT**

Transport for the participating, complete teams from Oslo Airport Gardermoen or Lillehammer Train Station to Sjusjøen and return.

The transportation fee should be paid by the Teams and depends on the number of passengers/amount of luggage.

For precise price information, please contact Ms. Caroline Johansen in advance.

E-mail: [booking@ibucup.no](mailto:booking@ibucup.no) Phone number: +47 400 38 442.

Reservation of transportation no later than 25<sup>th</sup> of February 2019.

Appendix F: Transportation reservation

### **PARKING**

Each nation are given two parking permissions at the arena.



## **B.2 ACCOMMODATION**

Accommodation for IBU Junior Cup 4:  
Sunday 3<sup>th</sup> of March – Monday 11<sup>th</sup> of March

### **CATEGORY A**      *25 MIN. BY CAR FROM STADIUM:*

90 Euro p.p./night in **double room** in hotels in Lillehammer.  
Incl. breakfast (with possibility to make lunch packet),  
dinner and evening meal (cereals etc.). Lunch at the hotel is additional, 15 Euro p.p.

110 Euros per night in **single room** (First hotel Breiseth only).

### **CATEGORY B**      *2-15 MIN. BY CAR FROM STADIUM:*

70 Euro p.p./night in cabin in Sjusjøen area. Shared room (double room). Full board.

### **CATEGORY C**      *2-15 MIN. BY CAR FROM STADIUM:*

30 Euro p.p./night in cabin in Sjusjøen area. Shared room (double room). Self catering.

### **FOR CATEGORIES B AND C:**

- Minimum 2 persons per bedroom.
- Bedlinen and towels is additional, 10 Euros pr. set.
- Final cleaning of the cabin is included.

Appendix G: Accommodation reservation

Booking of accommodation will be through the organizers Accommodation Officer,  
Caroline Johansen, [booking@ibucup.no](mailto:booking@ibucup.no) / phone number +47 400 38 442.  
Payment will be done directly to the accommodation office.

The reservation deadline is February 8th (same day as registration by number).  
Teams can adjust those bookings until February 15th at the latest (free of charge).

Number of persons can be adjusted within 10% of the total number of persons free of  
charge, but the number of cabins/rooms can not be adjusted after February 15<sup>th</sup>.  
Any changes exceeding 10% will have to be paid fully by the respective NF.



## C. COMPETITION INFORMATION

### C.1 COMPETITION PROGRAM

DAY	COMPETITIONS	ZEROING	TRAINING	TEAM CAPTAINS MEETINGS / DRAWS	FLOWER / PRIZE GIVING CEREMONIES
<b>MONDAY</b> 04.03			ARRIVAL RANGE CLOSED SKIING POSSIBLE	17.00 Team Captains meeting will take place at the multi hall at the stadium. - Info all competitions Draw in the Timing Room (Jury supervision)	
<b>TUESDAY</b> 05.03			10.00 – 12.00 TRAINING MEN  13.30 – 15.30 TRAINING WOMEN		
<b>WEDNESDAY</b> 06.03	10.00 INDIVIDUAL MEN  13.30 INDIVIDUAL WOMEN	09.00 – 09.50 MEN  12.30 – 13.20 WOMEN			Directly after each competition at the stadium
<b>THURSDAY</b> 07.03	10.00 SINGLE MIX RELAY  13.00 MIXED RELAY	09.15 – 09.45  12.15 – 12.45			Directly after each competition at the stadium
<b>FRIDAY</b> 08.03			10.00 – 12.00 OT M  13.00 – 15.00 OT W		
<b>SATURDAY</b> 09.03	10.00 SPRINT MEN  13:00 SPRINT WOMEN	09:00 – 09:50 MEN  12:00 – 12:50 WOMEN			Directly after each competition at the stadium
<b>SUNDAY</b> 10.03	10.00 PURSUIT MEN  13.00 PURSUIT WOMEN	09.15 – 09.45 MEN  12.15 – 12.45 WOMEN			Directly after each competition at the stadium
<b>MONDAY</b> 11.03	DEPARTURE OF TEAMS				



## **C.2 COMPETITION RULES**

The competitions will be conducted in accordance to the IBU Event and Competition Rules as in effect during the competition days.

## **C.3 IBU SPORT TECHNICAL OFFICIALS**

Race Director IBU Cup	Arne Eidam / IBU
IBU Technical Delegate	Martin Holec / CZE
Material Control	Lachezar Iliev / BUL
Course	Bjørn Ole Myklebust / NOR
Start/Finish	Torgeir Skrede / NOR
Shooting Range	Magnus Aasen / NOR

## **C.4 TARGET SYSTEM**

Kurvinen KES

## **C.5 COMPETITION COURSE**

You can download all the competition courses from our web site: [www.ibucup.no](http://www.ibucup.no).  
Maps are also attached to this invitation.

## **D. REGISTRATION DEADLINES**

### **D.1 REGISTRATION OF ATHLETES AND STAFF:**

8 <sup>th</sup> of February	Registration by number of persons
15 <sup>th</sup> of February	Registration by names

Registrations in the IBU Membercenter (online).

### **D.2 ACCOMMODATION RESERVATION**

Registration by numbers of athletes and team staff: 8<sup>th</sup> of February 2019

### **D.3 RESERVATION OF TRANSPORTATION**

25<sup>th</sup> of February 2019

### **D.4 DEADLINE FOR VISA INVITATION REQUEST**

15<sup>st</sup> of January 2019

### **D.5 DEADLINE FOR VISA APPLICATION**

21<sup>th</sup> of January 2019





## **APPENDIX A - LOGISTICAL REQUIREMENTS BORDER/ CUSTOMS REGULATIONS**

### **A. RIFLES**

Athletes and officials of a National Federation from EEA countries, who bring firearms, must be able to present a European Firearms Certificate. Athletes and officials of a National Federation outside the EEA, who bring firearms, must fill in a costumes application and present it to the custom authorities in Norway. The import of rifle and ammunition to Norway is free of charge.

### **B. AMMUNITION**

It requires a European firearms certificate to import ammunition.

### **C. MEDICINE**

Travelers from EEA countries may bring a maximum of one year's supply of legally purchased non-narcotic medicine. Travelers from outside the EEA may enter a maximum of three month's supply of legally purchased non-narcotic medicine. Travelers must be able to demonstrate that the medicine has been prescribed for personal use. There are various rules for entry of medicines, enhancement and supplements, but it is the classification by Norwegian legislation that determines which entry rules to follow.

For more information, check out:

<https://legemiddelverket.no/english/import-wholesaling-and-retailing>

### **D. NUTRITION**

Travelers from EU/EEA countries are allowed to bring meat, meat products, milk and dairy products according to the customs regulation. It is prohibited to bring in meat, meat products, milk and dairy products from countries outside the EEA area.

### **E. RADIOS**

The operation of radio equipment is notifiable.

The import and the control of radio frequencies are free of charge.



## APPENDIX D - VISA INVITATION REQUEST FORM

Please fill in needed information. Look also on the webpage to the embassy and see what they require and if you have to do the application electronically.

**4<sup>th</sup> – 10<sup>th</sup> OF MARCH 2019**

**SJUSJØEN / NOR**

**Must be returned electronically to Vegar Rolfsrud no later than 15<sup>th</sup> of January 2019.**

E-mail: [vegar.rolfsrud@skiskyting.no](mailto:vegar.rolfsrud@skiskyting.no) Phone number: +47 97 69 36 62

	<i>SURNAME</i>	<i>FIRST NAME</i>	<i>DATE OF BIRTH</i>	<i>PASSPORT NUMBER</i>	<i>EXPIRY DATE</i>	<i>ROLE</i> <small>ATHLETE / STAFF</small>
1						
2						
3						
4						
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11						
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17						
18						



## APPENDIX E - LIST OF EMBASSIES

NATION	WEBSITE/EMAIL
RUS, ARM, UZB	<a href="http://www.norvegia.ru">www.norvegia.ru</a>
CHN, MGL	<a href="http://www.norway.cn">www.norway.cn</a>
UKR	<a href="http://www.norway.com.ua">www.norway.com.ua</a>
KAZ, KGZ	<a href="http://www.norvegia.kz">www.norvegia.kz</a>
MDA	<a href="http://www.indemb.no">www.indemb.no</a>
IND	<a href="http://www.indemb.no">www.indemb.no</a>
TPE	<a href="mailto:emb.beijing@mfa.no">emb.beijing@mfa.no</a>
BLR	<a href="https://www.udi.no/en/want-to-apply/visit-and-holiday/visitors-visa-to-norway/?c=blr">https://www.udi.no/en/want-to-apply/visit-and-holiday/visitors-visa-to-norway/?c=blr</a>



## APPENDIX F - TRANSPORTATION

By plane: [www.osl.no](http://www.osl.no) (Oslo Airport Gardermoen)  
 By train: [www.nsb.no](http://www.nsb.no) (Train to Lillehammer)  
 By car: 140 km from Oslo Airport Gardermoen to Sjusjøen

### TRANSPORTATION RESERVATION

Must be returned electronically to Caroline Johansen no later than 25<sup>th</sup> of February 2019.

E-mail: [booking@ibucup.no](mailto:booking@ibucup.no) Phone number: +47 400 38 442

<b>NATIONAL ASSOCIATION</b>		
<b>ADDRESS OF THE ASSOCIATION</b>		
<b>ZIP-CODE</b>		
<b>TOWN</b>		
<b>CONTACT PERSON</b>		
<b>PHONE NUMBER</b>		
<b>E-MAIL</b>		
	<b>ARRIVAL</b>	<b>DEPARTURE</b>
<b>DATE</b>		
<b>TIME</b>		
<b>FLIGHT NUMBER</b>		
<b>NUMBER OF PERSONS</b>		

When arriving Oslo Airport Gardermoen, please get in contact with the info desk to Norway Express.



## APPENDIX G – ACCOMMODATION

### ACCOMMODATION RESERVATION

Must be returned electronically to Caroline Johansen no later than: 8<sup>th</sup> of February 2019.

E-mail: [booking@ibucup.no](mailto:booking@ibucup.no) Phone number: +47 400 38 442

<b>NAME</b>		
<b>ADDRESS</b>		
<b>COUNTRY</b>		
<b>PHONE NUMBER</b>		
<b>E-MAIL</b>		
<b>DATE OF ARRIVAL</b>		
<b>DATE OF DEPARTURE</b>		
<b>NUMBER OF PERSONS</b>	<b>DOUBLE ROOM</b>	<b>SINGLE ROOM</b>
<b>CATEGORY A</b>		
<b>CATEGORY B</b>		
<b>CATEGORY C</b>		

### DEADLINE: 8<sup>TH</sup> OF FEBRUARY 2019

Booking of accommodation will be through the organizers Accommodation Officer, Caroline Johansen, [booking@ibucup.no](mailto:booking@ibucup.no) / mobile + 47 400 38 442.

Payment will be done directly to the accommodation office.